

Dr. Darleen Claire Wodzenski

MS ESE, MA CMHC, PhD, LPC, NCC, ACS

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Professional Profile

Dr. Darleen Claire Wodzenski is a licensed clinician, doctoral-level psychoneuroeducational interventionist, educator, and author whose work integrates mind, body, heart, and spirit. Her path began at home as a parent and non-denominational pastoral counselor, in deep study of the works of Dr. T. Berry Brazelton, Mr. Fred Rogers, and Dr. John Bradshaw, alongside sacred and spiritual teachings from around the world. Long before any formal credential, she was already discovering that the words we give children become the voice they carry inside for a lifetime.

That insight carried her into the special education classroom, where she found that Wholly Creative Communication served every child and not only those with exceptional needs, and then into clinical mental health counseling and doctoral study of an integrated psychoneuroeducational paradigm for human healing, growth, and development. Running alongside that clinical and educational work has been a lifelong inquiry into the wisdom of the body — Educational Kinesiology and Brain Gym, Health Kinesiology, Naturopathy, Yoga, and Qi Gong. Long before somatic work became a clinical buzzword, Dr. Darleen understood that healing begins in the body, and that every word we speak lands there first.

Today she is the founder of Orchard Human Services, Inc. an NBCC-Approved Continuing Education Provider (ACEP #7260), and the Psychoneuroeducational Institute, LLC. Creator of the Fluid Trauma™ and Human Superpower™ healing paradigms, Purple Cape is the digital home where everything built across a lifetime of service now lives and grows.

Licenses & Certifications

Credential	Number	Status
Licensed Professional Counselor — Georgia	LPC011101	Active; issued 09/2019, exp. 09/30/2028
Licensed Professional Counselor — Virginia	0701013584	Active; issued 05/2024, exp. 06/30/2027
Out-of-State Telehealth Provider Registration — Florida	TPMC579	Clear/Active; telemental health
Approved Clinical Supervisor (ACS) — CCE	ACS-4185	Issued 05/10/2022, exp. 05/31/2027
National Certified Counselor (NCC) — NBCC	627754	Certified 06/2019, exp. 06/30/2029
Georgia Standard Professional Teaching Certificate, Level 5	793119	Active 07/2024 – 06/30/2029

Georgia educator certification fields: Special Education General Curriculum (P–12) Consultative; Special Education Adapted Curriculum (P–12) Consultative; Special Education cognitive-level endorsements in Reading, Mathematics, Language Arts, Science, and Social Science; Elementary Education (P–5).

Additional Credentials

- Georgia Bright from the Start & DECAL — Approved Teacher Trainer [former], TR-BFTS-6467
- Georgia POST / Department of Juvenile Justice — Instructor Trainer Certification
- QPPE Qualified Professional Parent Educator — NCPEN [former]
- NBCC-Approved Continuing Education Provider, ACEP #7260 — through Orchard Human Services, Inc.
- Certified Levels I–III, Health Kinesiology; Georgia Licensed Massage and Neuromuscular Therapist
- Educational Kinesiology and Brain Gym; studies in Naturopathy, Yoga, and Qi Gong
- Certificates in Holistic Nutrition and Personal Fitness; Non-Denominational Pastoral Counselor

Education

Degree	Institution	Conferred
PhD, Psychology	Intercultural Open University Foundation	2018
MA, Clinical Mental Health Counseling	Adams State University, Colorado	2015
MS, Exceptional Student Education	Nova Southeastern University, Florida	2012
BA, Natural Sciences & Mathematics	Thomas A. Edison State College, New Jersey	2009
Bachelor of Divinity	Universal Brotherhood University	1996

Additional non-degree study: approximately 30 hours of doctoral coursework in biochemistry, neuropsychology, and anatomy & physiology, Life University.

Current Professional Service

Orchard Human Services, Inc. — Douglasville, GA | 2012 to present

Founder, Clinician, Interventionist, and Director of Program Development & Administration. An IRS-approved 501(c) nonprofit — Uplifting Lives by Counseling, Educating & Caring. NBCC-Approved Continuing Education Provider (ACEP #7260).

Psychoneuroeducational Institute, LLC — ongoing

Founder & Director. Research, curriculum development, and professional continuing education grounded in the psychoneuroeducational paradigm. Publisher of the Purple Cape digital wellness platform.

Kinder Kollege Christian School — College Park, GA | 2018 to present

Mental Health and EAP Counselor; Special Education & Child Development Director; Program Administrator for the Exceptional Student / Special Needs Program. Created a specialized program to support young children with autism and developmental disorders.

Clinical Supervision

Site supervision for graduate practicum and internship students — master’s, specialist, and doctoral — and for post-graduate associates accruing supervised experience toward independent licensure. Supervision practice includes weekly individual supervision, direct observation through recording review and co-therapy, competency tracking across 14 domains mapped to CACREP 2024 and the ACA Code of Ethics, written midterm and final evaluations, and a contemporaneous supervision log maintained for the supervisee and the program.

Areas of Professional Focus

- Interventions and strategies to promote socioemotional and attachment development
- Psychoneuroeducational approaches to autism and neurodevelopmental disorders
- Clinical counseling with fragile populations, including individuals experiencing autism, trauma, anxiety, depression, dissociation, and attachment disorder
- Somatic and body-based approaches to regulation, learning, and healing
- IEP and Section 504 collaboration, advocacy, and technical support
- Educational interventions for children with learning problems, IEPs, and Section 504 plans
- Advocacy and intervention for complex learning, behavioral, emotional, mental health, and developmental challenges including autism spectrum disorder
- Parent training, coaching, and support
- Development and dissemination of digital mental health and wellness resources

Professional Training & Continuing Education

Professional training and development for mental health, education, administration, juvenile justice, human services, and peace professionals, with approved continuing education available for specific programs:

- Trauma-informed and mental-health-responsive care and intervention
- Brain-based strategies — broad developmental capacities for human attachment
- Developmental approach to juvenile justice policy; reducing DMC
- Trauma-informed and mental-health-responsive dental care
- Overcoming the effects of poverty in education
- Ethical use of artificial intelligence in mental health care

Teaching & Previous Professional Service

Nova Southeastern University — 2019 to 2021

Adjunct Graduate Faculty, Abraham S. Fischler College of Education & Criminal Justice. Taught human services courses to master's students pursuing degrees in applied behavior analysis.

Earlier service

- Special Education Lead, Teacher, Para-professional, and RTI Teacher — Imagine Schools of Kennesaw and City of Marietta, 2007–2009
- Doctoral Health Sciences & Pre-Med Tutor — Life University, Marietta, GA, and private practice, 1989–2004
- Educator & Administrator — Amma Academy of Douglasville, GA, 1994 to present
- Brain-Based Educational & Behavioral Interventionist, Holistic Practitioner — private practice, Douglasville, GA, 1998–2012
- Holistic Practitioner — Family & Children's Chiropractic Center of Douglasville, GA, 1996–2007
- Piano, Music & Dance Teacher — 30 years of experience
- Banking and Financial Services — Financial & Operations Principal (Series 27); Stock Broker (Series 7); Financial Planner; Assistant Comptroller, 1980–1987

Signature Frameworks & Approaches

Fluid Trauma™ — Creator; a fluid, developmentally grounded approach to trauma-responsive care and to calming the traumatized brain.

Human Superpower™ — Creator; a healing paradigm built on the human capacity for connection.

Wholly Creative Communication — Developer; a communication approach that serves every child, not only those with exceptional needs.

Psychoneuroeducational Paradigm — An integrated model of human healing, growth, and development bridging psychology, neuroscience, and education.

Presentations

- **Georgia Association for the Education of Young Children** — Spring Conference 2022: Heart-Centered Approach to Calming Child Brain Stress; 2021 Spring Institute: Grounding the Traumatized Child — Fluid Trauma Approach; 2021 Mental Health Intensive: Calming a Child's Traumatized Brain; 2020: Music to Soothe the Coronavirus Beast; 2019: Using the Human Super Power of Connection to Resolve Behavior Challenges; 2017: Kicked Out of Pre-K; 2017: Overcoming Poverty in Education; 2016: Brain-Based Metacognition
- **National Youth at Risk Conference** — 2018: Developmental Justice; 2017: Classrooms of Compassion (co-presented with Dr. Kathy Thomas)
- **Council for Exceptional Children** — 2014: Brain-Based Metacognition to Promote Reading Across the Common Core; 2013: Behavioral Contracting & Scaffolding in Vygotsky's ZPD (both co-presented with Dr. Donna Just)
- **STEAM Conference at Georgia Tech** — May 2019: Making STEAM Accessible to a Diverse Student Population (co-presented with Cheryl Safford)

Books & Position Papers

- Water Keeper — Ethics of AI in Mental Health
- Marmalade Jam Therapeutic Series — Marmalade Jam; Juno's Butter Knife; Marmalade Jam Companion Coloring Book
- Developmental Justice (co-authored with Dr. Kathy Thomas)
- What Children Need to Know — A Developmental Workbook for Early Childhood
- Develop-MEANT Series
- Methylene Tetrahydrofolate Reductase Deficiency: Practical Implications for Pediatric Medical and Dental Practice
- Autism Insights — A New Hope series
- Dead Children Can't Read — Classrooms of Compassion
- Raising Social Children — A Guide for Parents Who Suspect Their Child May Have a Delay in Social Development
- Self-Harm Guide — Guide for Youth, Families, Educators, and Human Services Workers
- Wonder World of STEAM (co-authored with Cheryl Safford)

Professional References

Name	Affiliation	Contact
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