

EBD Toolbox for Educators

(Emotional & Behavioral Disorder)

SAMMEE Access to Curriculum:

The nature of Emotional and Behavioral Disorders involves dysregulation, developmental interruption, and maladapted responses to the environment and the self. An effective EBD approach recognizes the critical need to support children in developing awareness and skill in the areas of SAMMEE: **S**ocial, **A**ttachment, **M**oral, **M**otivational, **E**motional, **E**thical. Other critical areas of need include the following Big III ...

Essential Elements for EBD Classroom:

I. Person-Centered Learning:

- A. Declaration of Safe Classroom
- B. Ability Profiling & Developmental Differentiation of Instruction
- C. Motivational Interviewing
- D. NLP – Neurolinguistic Programming
- E. Learner Café

II. SAMMEE Oriented Classroom Management

- A. Social
- B. Attachment
- C. Moral
- D. Motivational
- E. Ethical
- F. Emotional

III. Consequence-Based Engagement

- A. Behavior Contracting (Academic, Behavioral, SAMMEE)
- B. Gaming for Consequences



50 Classroom-Based Ways to Promote SAMMEE

SAMMEE = Social, Attachment, Moral, Motivational, Emotional, Ethical Development

1. A/V Recording & Playback Equipment
2. Baking Soda & Vinegar
3. Balance Beam – Math & Algebra
4. Beans, Pasta, Beads, Misc. Shapes
5. Beats (Math, Ratios, Progressions)
6. Bubbles
7. Bulletin Board
8. Calculators & Measuring Devices
9. Chalkboard-Painted Wall
10. Chess, Cards, Board & Word Games
11. Choreography for Learning
12. Comfort Corner & Supplies
13. Craft Foam Sheets (for 3D art/maps)
14. Dice – Learning, Counting, Calculating, Motivating, Negotiating, Fun
15. Discarded Books/Magazines (Ripping, Art, Sculpture)
16. Dough & Clay (-Mation)
17. Egg Cartons
18. Expressive & Dramatic Reading
19. a/V Recording & Playback Equipment
20. I Say, You Say ... All Safe



21. Index Cards
22. Labyrinth of Positivity
23. Leadership Debates & Discussions (Historical, Theoretical, Current Affairs, Classroom)
24. Math Functions Models
25. Media for SAMMEE
26. Memory & Awareness Game (Progressive Repetitive Activities)
27. Metacog Jog
28. Motivational Consequence Schedule: Video & Board Games, Activities, Social Events
29. Name & Identify Exec Within
30. Origami
31. Pagooshkins – Positive Communication in Action
32. Paint, Markers, Pastels, Crayons, Pencils, Pens
33. Papering a Wall
34. Party Planning
35. Peace Project (Review & Debate Historical Events, Current Affairs, Classroom)
36. Physical Skills (hacky sack, Chi Gong, Yoga, Balance Hemisphere)
37. Pizza Math
38. Play Dough & Beads, Sand, Glitter, Marbles
39. Poetry (Paper/Notebooks, Pens/Pencils/Markers/Paint)
40. Popsicle Sticks
41. Posters, Displays, Demonstrations
42. Pretzels & Marshmallows/Gum Drops Architecture
43. Puppets & Figures



44. Puzzles & Mind Benders
45. Rapping & Lyrics
46. Self-Rating, Self-Awareness, Metacognition Activities (plan, notice, chart, evaluate)
47. String, Paper & Paperclips
48. Taped Off Floor (Hopscotch, 4 Square, Safe Zone)
49. Toy/Sports Catalogs
50. Website Design & Display Facilities

